



Daily Prayer in Lent
30th March – 4th April

You may wish to prepare by lighting a candle, taking deep breaths, focussing on the cross, or a flower, the Name of Jesus... Choose to set down all concerns. Switch off your mobile phone! God is eternal – take time, He's in no hurry!

Prepare your hearts and minds on God

O God, make speed to save us.

O Lord, make haste to help us.

Hear my prayer, O Lord, and give ear to my cry;
hold not your peace at my tears.

Give thanks and praise God

Jesus,

like a mother you gather your people to you;
you are gentle with us

as a mother with her children.

Despair turns to hope

through your sweet goodness;

through your gentleness we find comfort in fear.

Your warmth gives life to the dead,

your touch makes sinners righteous.

Lord Jesus, in your mercy heal us;

in your love and tenderness remake us.

In your compassion bring grace and forgiveness,

for the beauty of heaven may your love prepare

us. Amen.

Anselm (1109)

Listening to the living Word of God

Psalms

MONDAY: Ps.3, TUESDAY: Ps.6, WEDNESDAY:

Ps.11, THURSDAY: Ps.12, FRIDAY: Ps.69:1-13,

SATURDAY: Ps.61.

Short Old/ New Testament reading

MONDAY: Joel 2:12-14, TUESDAY: 1Corinthians

9:24-end, WEDNESDAY: Romans 7:21-25a,

THURSDAY: Isaiah 58:6-9a, FRIDAY: Romans 5:6-

8, SATURDAY: Luke 10:38-end.

Lent verse for reflection: Luke 15.7

Jesus said, 'There will be more joy in heaven over one sinner who repents than over ninety-nine righteous people who need no repentance.'

Pause for a time of silence to reflect

Interceding

*Let us pray to our Good Shepherd,
Who alone makes us dwell in safety.*

Lord Jesus, you could not be locked-down even by the power of death, but rose victorious! By your victory, grant hope to those who are affected by coronavirus, through illness or isolation or anxiety.

Lord Jesus, you watched for the lost children of God and yearned to gather them into the loving embrace of your heavenly Father. Help us to yearn with you, and witness for you especially when people are searching for the hope we carry. We name before you those known to us who don't yet know you or need a greater knowledge of hope, joy and love in you, Jesus. *[Name silently or aloud]*

Lord Jesus, your word is truth, your spirit is wisdom – grant favour to those who are guiding our nation and shaping national policies at this time, that they may make wise decisions.

Lord Jesus, you healed the sick and love to partner with us in healing today. We pray for doctors, nurses, hospital cleaners and medical researchers, that you will grant them vigilance, compassion and insight so that many more will be restored to health. Protect them Lord, we pray.

Silent prayer or a time of open prayer...

We commend ourselves, and all for whom we pray, to the mercy and protection of God.

Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen

Lord's Prayer

Our Father in heaven,
hallowed be your name,

your kingdom come, your will be done,
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Lead us not into temptation

but deliver us from evil.

For the kingdom, the power,

and the glory are yours

now and for ever. Amen.

To conclude

May God bless us and show us compassion and mercy. Amen.